



 **NYCOS** NATIONAL YOUTH CHOIR OF SCOTLAND

Building your child's confidence, friendships, and skills through singing

NYCOS runs a choir for young people in P4–S6 in *your* area...

Our Regional Choirs run during term time throughout the academic year and last between one to two hours depending on age group. There is a membership fee to take part, however we are committed to being inclusive and believe that no child should miss out on high quality musical opportunities due to financial circumstances. When joining, families can apply for financial assistance, which can cover up to 100% of the membership cost.

Find out more and sign up today at nycos.co.uk



- > Aberdeen
- > Angus
- > Dumfries
- > Dundee
- > East Lothian
- > Edinburgh
- > Falkirk
- > Glasgow
- > Inverness
- > Isle of Lewis
- > Midlothian
- > Perth Boys
- > Renfrewshire
- > Stirling
- > West Lothian



"I enjoy meeting new people, and singing with other people, in a little group, and sometimes solos. I am going to stay until I have to go!
I love NYCOS!"

NYCOS REGIONAL CHOIR MEMBER

Images by Sally Jubb Photography | sallyjubbphotography.com

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National Youth Choir of Scotland (known as NYCOS) is a charity registered in Scotland, No: SC024899

About NYCOS

NYCOS (The National Youth Choir of Scotland) helps young people discover their love for singing. Founded in 1996, NYCOS supports children and young people to reach their vocal potential and promotes choral singing across Scotland.

In the past decade, NYCOS National Choirs have toured the UK, US and Europe. They've sung for heads of state, international festivals and streaming giants, appeared on world-famous stages and scored five star reviews. And many of them started out at one of our Regional Choirs. If your child loves making music, we'd love to meet them.

NYCOS Regional Choirs

We run fifteen Regional Choirs **for young people in P4-S6**, where experienced music leaders help young singers learn, grow, and sing together. Regional Choir members attend weekly rehearsals during term time. Rehearsal time is split between:

Singing Rehearsals – Young singers work on exciting, age-appropriate repertoire, learning harmony, expression, and vocal technique in a supportive group setting.

Musicianship Lessons – Every week, children take part in a 30-minute Kodály-based musicianship class that builds musical skills through fun, game-based activities. These lessons follow a progressive pathway with Bronze, Silver and Gold Award certifications. Our Gold 2 Award is accredited by ABRSM and recognised as equivalent to Grade 5 Music Theory.

Children also take part in two showcase concerts each year – one in Winter and one in Summer, giving them the chance to perform on stage and celebrate their progress with family and friends.



How to join?

We offer free trials so that children can experience rehearsals, develop new skills, and see if a NYCOS choir is right for them.

SCAN THE QR CODE TO REGISTER YOUR INTEREST



Why Singing Matters...

Singing is more than just making music – it's a *powerful way* for children to grow.



Confidence & Self-Esteem

Singing helps children find their voice, both literally and figuratively. Performing with others builds courage and pride in what they can do.



Learning & Development

From language and memory to focus and listening skills, singing supports a child's learning in school and beyond.



Friendship & Community

Choirs create a sense of belonging. Children make new friends, work as a team, and feel part of something special.



Joy & Expression

Singing gives children a way to express themselves, release emotions, and experience the simple joy of making music.

What Makes NYCOS Different?

Expert Musical Training: Led by highly trained choir leaders, every rehearsal is designed to help young singers grow in skill and confidence.

Inclusive & Supportive Environment: We celebrate young voices. Whether your child sings constantly at home or is just discovering their love for music, they'll feel encouraged and included.

More Than Just Singing: At NYCOS, your child will learn teamwork, discipline, musical literacy and they'll have a great time doing it. Many of our members say choir is the highlight of their week!

Proven Progression Pathways: From Regional Choirs to our world-class National Choirs, NYCOS offers a clear pathway for young singers who want to develop their singing further. With 15 choirs across Scotland, children benefit from the quality of a national organisation while singing close to home, with opportunities to come together with other choirs for larger events.



"NYCOS has given my daughter a safe supportive space to grow and develop both musically and personally."

PARENT OF A REGIONAL CHOIR MEMBER