

Sorida

For ages 7+



Sorida, Sorida, rida, rida

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Da, da, da. Da, da, da, rida, rida

Da, da, da. Da, da, da, rida, rida

Ball Game:

Each of the words has an associated action.

Sorida: Bounce the ball and catch

Rida: Pass the ball into other hand

Da, da, da: Pass the ball around body passing from one hand to the other

CHALLENGE

Choose to say one of the words (or two, or even all of them) in your thinking voice.

Sorida is in *Singing Games and Rhymes for Middle Years 1* with a different game