

Hej, hello

For 7+



Hej, hello, bonjour, guten tag.
Welcome, welcome, welcome, welcome
Buenos Dias, Buenos Dias

Ball game:

You will need a small ball that can bounce.

Line one

- Beat one: Bounce the ball with right hand and wave with left.
- Beat two: Catch the ball with left hand.
- Beat three: Bounce the ball with the left hand and wave with the right.
- Beat four: Catch the ball with the right hand.

Repeat those four beats one more time.

Line two

The ball is passed in a figure of eight around the legs.

- Beat one & two: Pass the ball from right hand to left behind left leg then bring the ball in front of left leg.
- Beat three & four: Pass the ball from left hand to right behind right leg then bring the ball in front of right leg.

Repeat those four beats one more time.

Line three

- Beats one & two: Pass the ball from one hand to the other and clap before catching the ball in the other hand.
- Beats three & four: Pass the ball around your body passing from one hand to the other.

If there are other people around try to sing the song in canon in up to three parts with each voice entering after one line.

This song (with a different activity) is in *Singing Games and Rhymes for Middle Years Two*.