

# This Old Man

Suitable for all ages



*This Old Man, he played one*

*He played nick-nack on my thumb*

*With a nick-nack paddy-wack give a dog a bone*

*This Old Man came rolling home*

## **Action song:**

Verse One (following the rhythm of the words)

Line One (This old man, he played one)

Beat 1: Hold up left arm with palm facing right hand – click fingers of right hand then clap left hand

Beat 2: Keep right hand up high – click fingers of left hand

Beat 3: Click fingers of left hand then clap right hand

Beat 4: Click fingers of right hand

Line Two

Beats 5 & 6 (he played nick nack): Click fingers of right hand, tap right shoulder, tap head, tap right shoulder

Beats 7 & 8 (on his thumb): As beats one and two above

Lines Three & Four

Repeat as above but starting on other side.

Verse Two (This old man he played two...)

Actions as above but this time everything is performed with both hands (two hands click at the same time and clap in the middle, and tapping of shoulders etc is done with both hands).

Verse Three

This old man, he played three, he played nick nack on my knee etc

As above for verse two but keep a beat by stamping with one foot

Verse Four

This old man he played four, he played nick nack on my door etc

As for verse two but keep a beat by stamping with one foot then the other

Verse Five

This old man he played five, he played nick nack on my hive

As above for verse four but turn around on the spot.

Create different verses for six etc.

**This Old Man is a very well known traditional song**