

Four White Horses

For ages 7+



*Four white horses, on the river
Hey, hey, hey, up tomorrow
Up tomorrow is a rainy day
Come on and join our shadow play
Shadow play is a ripe banana
Up tomorrow is a rainy day*

Action song: Body percussion

Line one *Four white horses on the river*

Beat One: With right hand held up vertically, clap right hand with left hand
Beat Two: Click fingers of left hand
Beat Three: Hold left hand up vertically and clap with right hand
Beat Four: Click fingers of right hand
(repeat above four beats one more time)

Line two *Hey, hey, hey, up tomorrow*

Beat one: Tap knees
Beat two: Tap knees
Beat three: Clap
Beat four: Clap
Beat Five: Click
Beat Six: Click
Beat Seven: Jump crossing feet
Beat Eight: Jump uncrossing feet

The sixteen beat pattern above is performed two more times to fit with the rest of the text.

Variation

The pattern is repeated three times:
The first time when crossing feet turn to the left
The next time when crossing feet turn to the right
The final time face the front again.

This game is adapted from [Singing Games and Rhymes for Middle Years 1](#)