

Tumbai

For ages 9+



Tumbai, tumbai, tumbai, tumbai, tumbai, tumbai, tumbai.

Tra la la , tra la la la la, Tra la la la la- la-

Tra la la la la , tra la la la la, tra la la la la- la-

Clapping game:

Learn the following ostinato pattern.

Pattern A: Clap click Clap Click

Pattern B: Tap knees, click fingers twice, tap knees, click fingers once, Tap knees, click fingers twice. (creates 3/2/3 pattern – tap, click, click/tap, click/tap, click, click).

Pattern A: repeat as above

Walking pattern:

Line One: Walk forward for four beats and then back for four beats

Line Two: Sidestep to the right (move right foot one step to the right then move left foot to the right so that feet are together). Repeat. Now sidestep to the left twice in the same way so that you return to where you started.

CHALLENGE:

Perform the clapping pattern and the walking pattern at the same time

This game is adapted from [Singing Games and Rhymes for ages 9-99](#)