

# Go Round the Mountain

For ages 7+



*Go round the mountain, Tudi diddle dum, tudi diddle dum*

*Go round the mountain, Tudi diddle dum day*

*All change direction, Tudi diddle dum, tudi diddle dum*

*All change direction, Tudi diddle dum day*

## ACTIONS:

### 2 cup game:

Sit two cups in front of you open end on the floor.

*Go round the mountain:* the cups go round the mountain

*ONE:* Tap and pick up

*TWO:* Place in front/behind

*THREE:* Swap hands tap and pick up

*FOUR:* place side by side (the cups have changed side)

*Tudi diddle dum:* perform the rhythm first using one cup then the other cup: Clap, clap, tap, tap, tap – then repeat using the other cup

*Go round the mountain:* move the cups as above and they end up back where they started.

*Tudi diddle dum:* using both cups this time clap, clap, tap one cup, tap other cup, tap first cup again,

*Day:* lift both cups to turn them over Rest at the end of the song: Place the cups down this time with the open end facing up

Verse two: The actions are the same but go in the other direction. We also sing and perform the actions much quieter.

**Go round the mountain is adapted from a version in *Singing Games and Rhymes for Middle Years 1* with a different circle game.**