

Down the Mississippi

For ages 9+



Down the Mississippi where the steamboats go

Some go fast and some go slow

Down the Mississippi where the steamboats go

PUSH!

Actions:

Sit on the floor and place four cups in front of you, open end on the floor, set out in a square formation.

Down the Mississippi where the steam boats go

Pick up 2 cups nearest to you (one facing up and one facing down) and perform the eight beat pattern as follows:

Beat one: The upturned cup taps on the static cups directly in front/the other cup taps the floor

Beat two: Tap open end of cups together

Beat three: Invert cups and repeat beat one

Beat four: As beat two

Beat five: As beat one

Beat six: As beat two

Beat seven: Place cups on floor face down

Beat eight: Pick up two diagonal facing cups (yellow in this case)

Some go fast and

Beat one: Change position of the yellow cups

Beat two: change hand then pick up the same cups

Beat three: Change position of the yellow cups again

Beat four: Pick up the blue cups

Some go slow

Beat five & six: Move blue cups beside yellow cups

Beat seven & eight: Move blue cups round again so that they have changed place but are back in square formation.

Repeat actions for Down the Mississippi where the steamboats go with only one change – on the word go put the cups in hand on top of static cups

PUSH!

Put the two piled up cups into one pile